

HELP?

Where to go for help in **HALIFAX**

Emergency	911
Police (non-emergency)	902-490-5020
Non-emergency Health Concerns (24 hour services, 7 days week)	811
Victim Services	902-490-5300
Mental Health Mobile Crisis Team	902-429-8167
Help Line	902-421-1188
NS	

Legal Advice for Sexual Assault Survivors	211
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SEXUALITY & HEALTH RESOURCES

AIDS Coalition of NS	902-425-4882
Halifax Sexual Health Centre	902-455-9656
Youth Project (Sexual Orientation, Gender Identity)	902-429-5429

MENTAL HEALTH & WELLNESS

Phoenix Centre for Youth	902-420-0676
Laing House	902-425-9018

SHELTERS

Adsum House (women) Emergency	902-423-4443
General	